

Personality Questionnaire

Instructions: In the space provided, identify the degree in which the following characteristics or behaviors most accurately describe you using the following scale.

0 = Not at all

1 = Somewhat

2 = Mostly

3 = Very much

Total each of the columns below.

___ Likes Control	___ Enthusiastic	___ Sensitive	___ Consistent
___ Confident	___ Visionary	___ Calm	___ Reserved
___ Firm	___ Energetic	___ Non-demanding	___ Practical
___ Likes Challenge	___ Promoter	___ Enjoys Routine	___ Factual
___ Problem Solver	___ Mixes Easily	___ Relational	___ Perfectionistic
___ Bold	___ Fun-loving	___ Adaptable	___ Detailed
___ Goal Driven	___ Spontaneous	___ Thoughtful	___ Inquisitive
___ Strong-willed	___ Likes New Ideas	___ Patient	___ Persistent
___ Self-reliant	___ Optimistic	___ Good Listener	___ Sensitive
___ Persistent	___ Takes Risks	___ Loyal	___ Accurate
___ Takes Charge	___ Motivator	___ Even Keeled	___ Controlled
___ Determined	___ Very Verbal	___ Gives In	___ Predictable
___ Enterprising	___ Friendly	___ Indecisive	___ Conscientious
___ Competitive	___ Popular	___ Dislikes Change	___ Discerning
___ Productive	___ Enjoys Variety	___ Sympathetic	___ Analytical
___ Purposeful	___ Group Oriented	___ Nurturing	___ Precise
___ Adventurous	___ Initiator	___ Tolerant	___ Scheduled
___ Independent	___ Inspirational	___ Peace Maker	___ Deliberate
___ Excitable	___ Likes Change	___ Dry Humor	___ Orderly
Total = _____	Total = _____	Total = _____	Total = _____

BRING THIS COMPLETED QUESTIONNAIRE TO YOUR SCHEDULED TRAINING SESSION.