

Yoga in the Parks (adults, registration)**Mondays, 6:00 – 7:00 pm****September 9, 16, 23 and 30****October 7, 14, 21 and 28****November 4, 11, 18 and 25****W.W. Knight Nature Preserve**

Join instructor Glory Meyer for an all-levels yoga practice in a peaceful and serene setting! This practice will be a combination of standing poses and poses on the mat. Modification for leveling the practice up or down will be provided so that everyone experiences the unique level of practice needed for their body. No yoga experience is necessary; both beginners and experienced yogis are welcome! Please bring your own mat and water bottle. Registration will close before the beginning of the first class. After registering for the program, you will be welcome to attend the weekly sessions each month. Cost: \$24

Monthly Mindfulness (adults, outdoors, registration)**Saturday, September 14; 9:30 – 11:00 am****William Henry Harrison Park: Riverview Shelter**

Give yourself permission to get away to reconnect and relax with this monthly series. Join naturalist and meditation teacher Emma Taylor for a monthly nature-based mindfulness session. Classes will consist of a combination of seated and walking mindfulness practices and nature awareness activities. This class is appropriate for teens and adults. Registration required. Leader: Emma Taylor (20)

River Wading (community, outdoors, registration)**Saturday, September 14; 10:00 am – 12:00 pm****Buttonwood Recreation Area**

Get up close and personal with the life in the Maumee River as we explore some of its runs, riffles and pools. We will be in the water exploring with our hands and nets so wear quick drying clothes and footwear that can get wet and stay attached to your feet. Kids must be 8 years or older. Program cancelled in the event of high water or severe weather. Leaders: Bill Hoefflin and Jim Witter (25)

Harvest Full Moon Walk (community, outdoors, registration)

Monday, September 16; 8:15 – 9:45 pm

Bradner Preserve

Be sure to catch what is usually one of the most beautiful moonrises of the year. Join us on a moonlit stroll through the woods and learn some moon lore. Insect repellent technology or clothing recommended. Any flashlights must have red lenses, and no dogs permitted. Leader: Bill Hoefflin (20)

Family Open Bouldering (community, outdoors)

Wednesday, September 18; 4:00 – 6:00 pm

Sawyer Quarry Nature Preserve

Visit anytime from 4:00 – 6:00 pm to do some low-level rock climbing! Staff will be on hand to provide tips and demonstrate how parents can be a safety spotter using provided crash pads. This program is best for ages 5 and up. Leader: Craig Spicer

VOL: 1, registering participants. Shift 3:30 – 6:30p

Central State Extension: Seed Saving (adult, outdoors, registration)

Wednesday, September 18; 6:00 – 7:00 pm

Carter Historic Farm: Farrowing House

Are you thinking about saving your seeds to reduce your production costs? Learn about which seeds you can legally save, which seeds will produce true-to-type plants and which seeds should always be purchased. We will also discuss how to collect and store both dry and wet seeds and prepare them for storage. Leaders: Michelle Wallace (CSU) and Anna Cotterman (15)

Coffee with the Birds (adult, outdoors, registration)

September 19: W.W. Knight Nature Preserve; 8:30 – 10:00 am

October 17: William Henry Harrison Park; 8:30 – 10:00 am

November 7: Bradner Preserve; 8:30 – 10:00 am

Enjoy a birding stroll with coffee! We will be visiting a different park each date and starting with a warm drink before heading out on the trail. Register for one or all monthly programs. Leader: Jim Witter (15)

Spectacular Spider Search (community, outdoors, registration)

Wednesday, September 25; 6:30 – 8:00 pm

W.W. Knight Nature Preserve

Our eight-legged friends are plentiful and busy this time of year. Come with an open mind and learn about these web-spinning wonders. Leader: Bill Hoefflin (25)

Native Nursery Night (volunteer)

Thursday, September 26; 6:00 – 8:00 pm

J.C. Reuthinger Memorial Preserve

Help plant, maintain and harvest seed from the native plants in the nursery. All tools provided. Training will be provided at the beginning of the program.

Leader: Sanja Jennings (12)

South Slippery Elm Trail Glow Roll (community, outdoors)

Friday, September 27; 7:00 – 9:00 pm

North Baltimore Public Library

230 N. Main St, North Baltimore

In partnership with the North Baltimore Public Library, enjoy this nocturnal, family-friendly, creative bike ride! Illuminate your bike with bright decorations and learn important safety tips for riding at night before hitting the trail together. Each rider is required to wear a properly fitted helmet and ride a correctly sized bicycle in safe, working mechanical order. This is a recreational ride at a speed comfortable for all riders. Young riders that are not able to participate safely on their own should participate in a tow-behind trailer or child bike seat. Leader: Craig Spicer (50)

EMERGE: Bikes with training wheels are not permitted on this ride. Provided decorations and glow sticks are limited at the program venue. Decorating 7:00-7:30 pm. Ride begins shortly after 7:30 pm. Roughly 3-mile bike ride round trip up the Slippery Elm Trail and back.

Mushroom Hike (adult, outdoors, registration)

Saturday, September 28; 11:00 am – 1:00 pm

Bradner Nature Center

Can mushrooms be fun? We hope to convince you as we discover the basics of mushroom identification and the crucial role they play in the ecosystem while searching for examples out in the wild! Leader: Justin Siler (12)

Craft Circle (community, registration)

Saturday, September 28; 1:00 – 4:00 pm

Carter Historic Farm

Whether you have decades of experience or just started last week, crafters of all ages can stop by for an afternoon of craftin'! Please bring your own materials, projects and questions! Leader: Anna Cotterman (20)

Nurture the Nursery (volunteer)

Tuesday, October 1; 10:00 am – 12:00 pm

J.C. Reuthinger Memorial Preserve

Help plant, maintain and harvest seed from the native plants in the nursery. All tools provided. Training will be provided at the beginning of the program. Leader: Sanja Jennings (12)

Sunset Top-Rope Climbing (community, outdoors, registration)

Wednesday, October 9; 5:30 – 7:30 pm

Sawyer Quarry Nature Preserve

Climb our 25-foot limestone rock face in this challenge-by-choice beginner-friendly experience. All harnesses, helmets and climbing equipment provided, as well as introductory climbing guidance. Call ahead for special needs accommodations. No previous experience necessary. Cost: \$10, FWCP \$7. Leader: Craig Spicer (10)

EMERGE: Each participant must be able to manage personal mobility independently or with a reasonable amount of assistance. Participants must be able to follow instructions and effectively communicate independently or with the assistance of a companion. Must be 8 years of age and at least 80 lbs. All climbers will be on belay controlled by trained staff. Contact program leader Craig Spicer at 419-575-8074 or cspicer@wcparks.org with questions or cancellations.

Nurture the Nursery (volunteer)

Tuesday, October 15; 10:00 am – 12:00 pm

J.C. Reuthinger Memorial Preserve

Help plant, maintain and harvest seed from the native plants in the nursery. All tools provided. Training will be provided at the beginning of the program. Leader: Sanja Jennings (12)

Who, Who, Who's There Owl and Hunter's Moon Walk (community, outdoors, registration)

Wednesday, October 16; 7:30 – 8:30 pm

William Henry Harrison Park

We will be on the hunt for owls, especially Ohio's most common owl. We will start at the picnic shelter for a short talk and then hit the trail for some owl calling. Dress for the weather; the program is cancelled in case of high winds or rain. Leader: Bill Hoefflin (20)

Central State Extension: Growing Garlic (adult, registration)

Saturday, October 19; 10:00 am – 12:00 pm

Carter Historic Farm

Do you have vampires that need warding off? Growing garlic is the easiest solution. Learn how to calculate how much to grow, save and sell so that you have enough to meet your production needs. Learn when and how to plant the crop, which varieties do well in Ohio, when to harvest and how to cure. Leaders: Michelle Wallace (CSU), Anna Cotterman (15)

Glow Flow at Rudolph Bike Park (community, outdoors, registration)

Saturday, October 19; 7:00 – 9:00 pm

Rudolph Bike Park

Join Wood County Parks and The Right Direction Youth Development Program to ride the lit-up bike park at night! Bring your own bike and get it glowing with decorations before hitting the luminescent track or trail. Give-a-ways, music and The Right Direction's skilled riders all add to this special fundraising program to improve the bike park. Bring any donation amount to ride! Leader: Craig Spicer (50)

EMERGE: Only non-motorized bikes and scooters are allowed on the bike park. Limited glow sticks and lights available at the event.

Who, Who, Who's There Owl Walk (community, outdoors, registration)

Wednesday, October 23, 6:30 – 8:00 pm

Cedar Creeks Preserve

We will be on the hunt for owls, especially Ohio's largest resident owl. We will start at the picnic shelter for a short talk and then hit the trail for some owl calling. Dress for the weather; the program is cancelled in case of high winds or rain. No dogs permitted.

Leader: Bill Hoefflin (20)

Spooky Geocaching (community, outdoors)

Thursday, October 24; 4:30 – 7:00 pm

W.W. Knight Nature Preserve

Set course for the forest to find hidden treasure! Can you find them all to get as much sweet treasure as possible? Stop by anytime between 4:30 and 7:00 pm to borrow one of our GPS units or bring your smartphone with the Google Maps app and search for hidden geocaches in the park – pirate costumes encouraged! Dress for the weather and be prepared for substantial walking and self-guided exploration. No SWAG for exchange necessary. Leader: Craig Spicer

EMERGE: OPEN, NO REGISTRATION REQUIRED. Driver's license needed to check out GPS units. Suggested age for GPS use is 8 and up. Parents/guardians are encouraged to use GPS while guiding children who search for geocaches if children are unable to use GPS.

Native Nursery Night: Wrap-up! (volunteer)

Thursday, October 24; 5:30 – 7:00 pm

J.C. Reuthinger Memorial Preserve

Help plant, maintain and harvest seed from the native plants in the nursery. This will be the last Native Nursery Night program of the year! All tools provided. Training will be provided at the beginning of the program. Leader: Sanja Jennings (12)

Monthly Mindfulness (adult, outdoors, registration)

Thursday, October 24; 6:30 – 8:00 pm

W.W. Knight Nature Preserve: Friends' Green Room

Give yourself permission to get away to reconnect and relax with this monthly series. Join naturalist and meditation teacher Emma Taylor for a monthly nature-based mindfulness session. Classes will consist of a combination of seated and walking

mindfulness practices and nature awareness activities. This class is appropriate for teens and adults. Registration required. Leader: Emma Taylor (20)

Habitat Heroes (volunteer)

Saturday, October 26; 9:00 am – 12:00 pm

W.W. Knight Nature Preserve

Join us at our 5th Habitat Heroes volunteer project! Become a hero for the environment by working with our stewardship department to create more sustainable and quality habitat for the benefit of nature and people alike. We will be continuing to remove the invasive tree buckthorn this year. Tools, training, and snacks will be provided.

Leader: stewardship staff (50)

Jack-O'-Lantern Archery Quick-Shots (community, outdoors, registration)

Saturday, October 26

Three Sessions: 10:00 – 11:30 am, 12:00 – 1:30 pm, 2:00 – 3:30 pm

Arrowwood Archery Range

Register for one of these sessions to give this eerie archery program a shot! Carve your own pumpkin-target or use arrows to make a “holey” jack-o'-lantern for a scary-good time! All pumpkins, carving tools, and archery gear provided. Cost: \$8, \$5 FWCP.

Leader: Craig Spicer (10 per session)

EMERGE: Must be 8 years of age or older. Personal gear welcome – must be checked by staff before use.

V: 2 per session, 30 minutes before/over session time, overlap shift times (9:30-noon, 11:30-2:00, 1:30-4:00)

Craft Circle (adult, registration)

Saturday, October 26; 1:00 – 4:00 pm

Carter Historic Farm

Whether you have decades of experience or just started last week, crafters of all ages can stop by for an afternoon of craftin'! Please bring your own materials, projects and questions! Leader: Anna Cotterman (20)

Introduction to Orienteering (community, outdoors, registration)

Sunday, October 27; 1:00 – 3:00 pm

Bradner Nature Center

Find out what else the magnetic compass can do besides showing you which way is north. This reliable low-tech tool can help you get from point A to point B. We will learn the basics indoors and then take it outside on a short orienteering course. Dress for the weather and off trail hiking. Compasses provided, but you can also bring your own if you want. No dogs permitted. Leader: Bill Hoefflin (25)

Hunters' Archery Fun-Shoot (community, outdoors, registration)

Saturday, November 2; 1:00 – 2:30 pm

Arrowwood Archery Range

Take aim at our life-size 3D animal archery targets while learning the role of hunting as a part of a healthy environment. All targets and archery gear provided. Cost: \$8, FWCP \$5. Leader: Craig Spicer (10)

EMERGE: Must be 8 years of age or older. Personal gear welcome – must be checked by staff before use.

V: 1, assist with materials and moving the targets. 12:30 – 3:00 p

Seed Cleaning (volunteer)

Thursday, November 7; 10:00 am – 12:00 pm

J.C. Reuthinger Memorial Preserve

Help clean native plant seeds that have been harvested from Park District properties. This is an indoor, sit-down activity. All instruction and materials provided.

Leader: Alex Helwig (16)

Seed Cleaning (volunteer)

Thursday, November 14; 10:00 am – 12:00 pm

J.C. Reuthinger Memorial Preserve

Help clean native plant seeds that have been harvested from Park District properties. This is an indoor, sit-down activity. All instruction and materials provided.

Leader: Alex Helwig (16)

Beaver Full Moon Walk (community, outdoors, registration)

Friday, November 15; 6:00 – 7:30 pm

Beaver Creek Preserve

Take some time for yourself before the hectic holiday season starts and join us for a short walk along Beaver Creek. We'll call for owls and learn some moon lore. No dogs permitted. Leader: Bill Hoefflin (20)

Native Seed Bombs with Way Library (families, outdoors, registration)

Saturday, November 16; 2:00 – 3:30 pm

W.W. Knight Nature Preserve: Boyd Shelter

The Wood County Park District needs your help encouraging new plants to sprout in our parks! Join us for an afternoon of fun and conservation. Learn how to create native seed bombs, assemble a few for our field habitat, and then sling shot them into their new home! Registration is required on the Way Library website, <https://www.waylibrary.info/>. Leader: Emma Taylor

Central State Extension: Hydroponic Indoor Greens Production (adult, registration)

Wednesday, November 20; 6:00 – 7:00 pm

Carter Historic Farm: Farrowing House

Are you interested in year-round production? Have you heard about hydroponic production and just want to learn the nuances of growing to see if it is right for you? Come learn the basics of growing greens in an NFT (Nutrient Film Technique) hydroponic system indoors. You will learn about starting seeds in Rockwool, putting the basic NFT system together, nutrient and light needs, and harvesting. Leaders: Michelle Wallace (CSU), Anna Cotterman (15)

Monthly Mindfulness (adult, outdoors, registration)

Saturday, November 23; 9:30 – 11:00 am

Bradner Preserve: Meeting Room

Give yourself permission to get away to reconnect and relax with this monthly series. Join naturalist and meditation teacher Emma Taylor for a monthly nature-based mindfulness session. Classes will consist of a combination of seated and walking

mindfulness practices and nature awareness activities. This class is appropriate for teens and adults. Registration required. Leader: Emma Taylor (20)

Intermediate Orienteering (community, outdoors, registration)

Sunday, November 24; 12:30 – 4:30 pm

Bradner Nature Center

Are you looking to build on your compass skills? We will introduce map reading, compass use and route planning indoors. After learning these skills, we'll try out a challenge course spread throughout the park. Prior orienteering experience is great, but not required. Dress for extensive off trail trekking through rough vegetation and wet areas. No dogs permitted. Leader: Bill Hoefflin (25)